



Year 5/6 Sportshall Athletics – January 2018

On the 25th January, my classmates and I went on a minibus to Lodge Park Academy Sports Centre in Corby. There we competed against eight other schools at an athletics competition. Each event was split into four heats, two heats of boys and two of girls. The events we competed in were: obstacle relays, running relays, vertical jump, standing long jump, standing triple jump, speed bounce, soft javelin and chest push using a 1kg slam ball. Points were given depending on how well you did and points were taken away if you cheated. Overall, we came an amazing fourth place and beat many other schools.

Oliver – Y6

On the 25th January, Rowan went to the Corby athletics competition. We took part in many different events such as: vertical jump, standing triple jump, standing long jump, chest push and speed bounce. We also took part in multiple relays including: a six-lap relay between two people, a one-lap relay for two people, a two-lap relay for two people and a four-lap relay for four people. We came fourth out of nine teams, we were very proud of ourselves.

Lucy – Y5